



ECHO HILL OUTDOOR SCHOOL

Adult Health and Registration Form

Please print clearly and complete all questions

Attending Group/School Name:	Dates of Attendance:
Your Name:	Sex: Age: Date of Birth:
Home Address:	Home Phone: Cell Phone:
City: State: Zipcode:	E-mail:
Person to call in emergency:	Phone:
Name of Your Physician:	Phone:
Name of Your Medical Insurance:	Policy Number:

Health Information

Please circle Yes or No. If Yes please provide details; use separate page if necessary

1. Do you know of any health factor that makes it advisable for you to follow a limited program of physical activity while at the Outdoor School? YES NO Limitations: _____
 - Recent surgery or illness: YES NO Date: _____ Details: _____
 - Recent broken bones or sprains: YES NO Date: _____ Details: _____
 - Asthma, heart condition, diabetes, seizure: YES NO Date: _____ Details: _____
 - Other physical conditions: YES NO Date: _____ Details: _____
 - Allergies to Medications: YES NO Date: _____ Details: _____
 - Environmental allergies (bee stings, hayfever, etc.): YES NO Details: _____
2. Have you been exposed to a communicable disease within the past 21 days? YES NO Date: _____
If so, what disease? _____
3. If you are pregnant, do you have physician approval to participate in Adventure/Challenge Course activities at Outdoor School? YES NO ***Please attach a copy of approval on physician's letterhead.***
4. Date of last Tetanus shot: _____
5. Current medications (*Please bring instructions*): _____

Authorization for Medical Treatment & Assumption of Personal Responsibility

This health history is correct so far as I know. I understand that participation in EHOS programs is entirely voluntary. I understand that the EHOS program may involve: boating (by canoe, sail and/or motor), swimming, hiking, fishing and/or activities that involve periods of physical exertion, balancing, lifting, pushing, pulling and climbing. I know and understand the inherent risks and dangers involved in the above named activities and recognize that at EHOS most activities will be outdoors where I will need to watch for slippery and/or uneven footing, limbs and branches, animals and possible exposure to extreme weather. I understand that although EHOS will take reasonable precautions, it is impossible to guarantee absolute safety, and that unanticipated dangers might arise. I hereby release EHOS from any responsibility for injury which might occur as a result of participation in EHOS activities. I give permission to authorize personnel to carry out such emergency diagnostic and therapeutic procedures as may be necessary for me, and also permit such treatment procedures to be carried out at, and by the local hospital(s) for me in the event of an emergency. I understand that any medical expenses beyond the limits of EHOS' participant medical coverage will be billed directly to me or my insurance company. I understand and accept my responsibility to comply with all instructions and guidelines given by EHOS staff. I also agree to inform EHOS staff if, at any time, I have a medical or psychological problem that might affect the safe conduct of the program. I give Echo Hill Outdoor School permission to reproduce and publish any photo, picture, video, or likeness of me for the purpose of enhancing enrollment and/or marketing.

Important Information for All Teachers & Chaperones Attending Echo Hill Outdoor School

PREPARATION: Echo Hill Outdoor School provides students with a residential experience in environmental education. Prepare your students for an educational experience. Your students should understand that our staff are teachers and naturalists and that all classes are conducted outside.

The children should also realize that while our classrooms may be outside and classes are designed to be fun, they are still classes. Students should expect to participate, pay attention, ask questions, and take advantage of this unique learning experience.

It is vital to students' health and comfort that they pay close attention to our suggested clothing list. It is essential that they bring warm clothing, including a wool hat and EFFECTIVE rain gear. If cotton "slumber" sleeping bags are used, bring blankets for added warmth. Students must realize that they are responsible for keeping track of their belongings; we suggest that all personal items be clearly marked with the student's name.

VISITING TEACHERS' RESPONSIBILITIES: Visiting teachers have no teaching responsibilities, but are encouraged to attend classes as observers. Please check with the Echo Hill teacher before each class you wish to attend. Teachers may be asked to sleep in a tent/dorm with the children; residential duties will be explained upon arrival. During meals in the dining hall, we may ask teachers to sit at the head of a table to serve the meals and to supervise the cleanup. Visiting teachers will be asked to administer medication to students after meal times.

PARENTS AND CHILDREN: If a parent and child will be attending Echo Hill together, we ask that they attend separate classes and sleep in different tents. Part of the Echo Hill experience is a feeling of independence, and having a parent on class affects both the son or daughter and the other students in the class. There will be ample time for a parent and child to be with each other during their stay at Echo Hill.

PRIVATE PROPERTY: Echo Hill Outdoor School is located on private property. Please honor the **15 mph speed limit** and check in at the office upon arrival. Echo Hill staff will provide a general orientation as well as an orientation to the leased property.

CELL PHONES: *Cell phone use is not permitted in front of students except in an emergency.* Please turn cell phones to vibrate mode so everyone may enjoy the natural environment. Cell phones may be used by adults in the office vicinity only.

SMOKING: Smoking is not permitted in front of the students at any time. The designated smoking areas are by the Driftwood office or the Harris Hall office. Please put cigarette trash in the garbage.

FOOD: Please remind students to not bring any food, candy or gum. Echo Hill does not allow food in the living areas so as not to attract animals due to reported cases of rabies in Maryland. If you allow food during travel, please collect any leftovers prior to arrival.

T-SHIRTS/WATER BOTTLES: Echo Hill Outdoor School offers T-shirts for \$15 and water bottles for \$10. Both have the Echo Hill logo.

We are eagerly looking forward to your stay with us. Please feel free to contact Betsy McCown or Debbie Grigsby at (410) 348-5880 if you have any questions or concerns about the final arrangements.