

SUGGESTED CLOTHING AND EQUIPMENT LIST

All classes are conducted outdoors and proper clothing is essential to the enjoyment of the experience. *This is a basic list designed for a five day experience during any season. The list may require modifications based on the time of year and on your child's length of stay.* Please bring warmer clothing including a winter coat, boots, wool or thermal socks, long underwear, gloves, and a hat during the fall, winter and early spring. Also please check the temperature of your sleeping bag and bring an additional blanket for colder nights in the tents.

Very important items:

1 rain suit (waterproof rain coat with hat or hood, and waterproof pants if possible)
1 winter coat (between mid October and mid May)
1 sweatshirt or jacket
1 wool sweater
1 pair of gloves or mittens
1 hat (sun or warmth)
1 pair of **WATERPROOF** boots
2 pairs of comfortable shoes (sneakers, hiking boots, tevas...)
1 pair of old sneakers
4 shirts
3 pairs of jeans or long pants
1 pair of shorts (even in colder months)
4 sets of underwear
6 pairs of socks (2 wool)
1 pair of pajamas
1 bathing suit
1 towel
1 sleeping bag or blanket roll
flashlight
toiletary articles
insect repellent (cream or lotion preferred)
plastic bag for wet clothes
sunscreen
water bottle (portable, great for warm weather)

Optional items:

laundry bag	musical instruments	books
journal	pillow	camera

\$15.00 for an Echo Hill T-shirt

Do not bring the following: (this is a MUST, for safety reasons)

FOOD,CANDY, GUM	LIGHTERS OR MATCHES
MIRRORS(may cause fires)	KNIVES
RADIOS, VIDEO GAMES	CELLULAR PHONES

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Inspected: Kent County Health Department
Maryland State Fire Marshall